

Litchfield Prevention Council
Regular Meeting
Town Hall Annex, Bantam
January 10, 2017 - 7:00 PM

Present: Jennifer Abbott-Tillou, Robert Berson, Kelly Garden, Meredith Shafer, Carol Gillett-Lamond,

Excused: Jill Johnson

Absent: Marion Pettinicchi, Jackie Tiul,

Call to Order: Chairwoman Garden called the meeting to order at 7:04 PM

Appointment of Alternates: Carol Gillett-Lamond was appointed to the regular seat on the council made available by Jill Johnson's absence.

Liaison Report:

School Report -- Ben Storrs reported on the Project Purple Plans and Preparation

- Tomorrow, 1/11, at 12:30 PM, 5 - 6 students will be available to seek the support of local businesses for Project Purple and to distribute PP materials. They will meet up with LPC volunteers in front of Murphy's Pharmacy. There will be another distribution on Monday, Martin Luther King Day (1/16), tentatively set for 11:30 AM.
- Two students will be on WZBG on Monday, 1/16, to further promote Project Purple.
- Project Purple will be celebrated at two basketball games this year. On 1/20 the Boys will play Gilbert and on 1/27 the Girls play Housatonic. For the 1/20 game Mr. Storrs is developing a scrimmage game for younger kids for the half and between the third and the fourth quarters he is proposing a free throw contest for younger children. The cheerleaders will be wearing purple ribbons and the players purple shoe laces. There will be a table for the LPC at both games that will need to be staffed and with literature. Project Purple tee shirts will be thrown into the stands at half time.

R. Berson moved and M. Shafer seconded the motion to authorize the expense of up to \$300 for Project Purple tee shirts. The motion was carried unanimously. C. Gilbert-Lamond will procure the tee shirts.

- Lewis Mills High School which has an active Project Purple program wants LHS to participate in some PP program with them Mr. Storrs is working with them to develop what the program will be.

Approval of Minutes: R. Berson moved and C. Gilbert-Lamond seconded the motion to accept the minutes of the 12/13/16 minutes as amended. The motion was carried unanimously.

Treasurer Report: The account balance is \$10,356.73.

Correspondence:

- On February 13, 2017 at 7:00 in the Litchfield community Center HVCASA, in collaboration with several local prevention councils will present, "Share the Love," a Family University presentation with three 25 minute workshops: Positive Youth Development, Family Relationships, and Mindfulness. Childcare will be provided for which pre-registration is required. They plan to appear

on WZBG prior to the event and ask the LPC to also advertise this event. For more information and to register contact HVCASA: hvcasa@yahoo.com or 203-743-7741.

- R. Berson learned from Allison Fulton of HVCASA that our grant for this fiscal year has been approved and that we should be receiving the check soon.
- K. Garden reports on email communication with the schools regarding the 1/23/17 Greenwoods presentation on Anxiety and Depression that will now be held in the Intermediate School Library starting at 6:30 PM.
- M. Shafer was contacted by Christina Borel, LCSW who is the clinical Director of Touchstones, a residential facility for adolescent women in East Litchfield. She would like to be involved in our work. Ms. Shafer will contact her and encourage her attendance at our meetings and events.
- Thomasina Sideris contacted M. Shafer to offer her sponsorship of the distribution to all students of a booklet produced by A Drug Free World. Members of the LPC liked the booklet and Ms. Shafer will bring it to the attention of the school administration.

Old Business:

Project Purple Preparation

- M. Shafer will purchase tube socks and purple hair coloring.

Update Treasurer status

- After much effort, K. Garden was successful in getting Jill Johnson and herself to be signatories to the LPC account at Union Savings Bank.

Greenwoods Counseling

- Next Presentation -- On Anxiety and Depression on 1/23 at 6:30 in the Intermediate School Library.
- Parents Needs Assessment -- planning for the future. R. Berson will obtain the results of the survey and distribute it to the rest of the LPC.

Presentation Ideas

- Rosalind Wiseman - M. Shafer has contacted her organization to discover that her fees are extremely high and include transportation and expenses. Members present agreed that the amount proposed was too high for our budget and that we would look for other presenters. We will consider bringing in Mark Mero in the fall.

Family Fun Night -- Tabled

Mindfulness based stress reduction exercises.

- J. Abbott-Tillou and R. Berson will develop this program for the LPC.

Prom or graduation events -- Tabled

Fun Day events -- Tabled

New Business: None

Agenda Items for Next Meeting:

Adjournment: M. Shafer moved and C. Gilbert-Lamond seconded the motion to adjourn the meeting. It was carried unanimously. The meeting was adjourned at 8:40 PM.

Transcribed by R. Berson, Secretary

Kelly Garden, Chairwoman

Next meeting will be **February 14 at 7:00 PM**